



## CHAPTER MEETINGS

Monthly meetings are held on the third Thursday of each month from September through May in the South Fellowship Hall at the Ladue Chapel.

Morning monthly meetings begin at 9:30 am.

Evening monthly meetings begin at 6:30 pm.

Summer meetings are informal stitch-ins and are held on a Saturday each month from June through August.

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## CALENDAR OF EVENTS

- Thursday, January 17  
monthly meeting  
***morning only***
- Thursday, February 21  
monthly meeting



## President's Letter

Fellow Stitchers:

I would like to wish you all a very happy and prosperous 2013. I hope that you all enjoyed the Holidays with your close friends and families.

If you've been coming to the meetings or reading the newsletters, you know we have some fun events coming up in the next few months. We have a great workshop planned for March and the Spring Retreat in April. Check the articles inside for details.

And don't forget our great philanthropy project. We're stitching bookmarks and collecting paperback books for recovering soldiers at Cochran VA hospital. It's not too late to get involved in this project if you aren't already part of it. Just contact Kathryn Nagy or Regina Mohan for details.

We will be forming a nominating committee for the upcoming spring election. Please consider either joining the committee or serving on the Board in one of the slots opening up. There seems to be a misconception in the Chapter that all Board members must attend both morning and evening meetings. That is NOT the case. It is true that some of us do attend both meetings, but it is not a requirement, it is our choice. There are also times when a Board member may not be able to attend at all – we all have a life besides the Gateway Chapter!

The Board is also trying out a few months with only one meeting. Last year in January, only Board members who also attended the morning meeting showed up at the evening meeting, so the Board decided that this year, we would only have a morning meeting in January. In past years, we have had special programs that were only presented at evening meetings so the morning meetings were not held in those months.

The beginning of a new year always holds the promise of wonderful things to come – new canvases to purchase and new projects to start, new stitches to learn, new friends to meet and old friendships to renew. I wish all of these and more for each and every one of you, and all of these and more can happen at any and all of the Gateway Chapter's events and meetings. All you have to do is attend them.

Donna

## MEMBER ACTIVITIES

### ANG SPRING WORKSHOP 2013

The ANG workshop this year will be held on March 23<sup>rd</sup> at Winghaven Country Club from 9:30 a.m. until 4:30 p.m. The workshop will be presented by Linda Burkhart, a needlepoint shop owner and fabulous needlepoint designer. The project is an elegant pumpkin.

You have three color pallet choices and three shape choices. A sample of color and shapes will be available at the January meeting. We have space for 25 stitchers, as of now we have 20 requests to attend.

If you are interested, you need to sign up and pay as soon as possible to ensure a spot. The cost is \$60.00, which includes canvass, threads, stitch guide and lunch.

This is a bargain by anyone's standards, but once again, if you are interested it is best to sign up quickly. The cut-off date for sign up will be February 1<sup>st</sup>, if spaces are available.

Contact Regina Mohan to make arrangements or further information to sign up, please call Regina at 314-991-5741.



### FUNDRAISING

For our chapter fundraising project this year, we chose to sell a set of eight note cards. The price for the set is \$16.00. It includes: a choice of colored note cards, white envelopes, a small square of blank needlepoint canvas (13 and 18 mesh), double-stick backing for finishing, and a folder with 32 different stitching ideas.

I have additional color choices available for ordering for \$16.00 plus postage. Also available are thread cards of discontinued fibers in various variegated colors. These are selling for \$2.00 each. Using threads from your stash is also an option. One to two cards of thread will work on 18 mesh and 2 to 3 cards of thread will work on 13 mesh.

We will be stitching these at our chapter meetings this year, rather than a formal stitching project. As always participation is optional.

Fundraising items from past years remain available: dry erase boards, initial tags, tote bags, and sweater information.

Please contact Nancy Kinker at 636-227-5709.



### JANUARY/FEBRUARY MEETINGS

The January meeting will be a movie extravaganza! You will be watching one of our wonderful DVDs about improving needlepoint technique along with stitching tips. We have viewed movies at previous meetings and they were a great hit. One additional bonus is, we all know movies are better with popcorn and therefore popcorn will be provided. Please make note that in January there will only be an a.m. meeting. There will be no p.m. meeting. We do have the room available for the entire day, so if a group would like to come in the evening to visit and stitch that is fine but there will not be a meeting.

There is a change to the February meeting. We will have both the a.m. and p.m. meetings. Originally there was just the p.m. meeting scheduled but since the speaker will not be available, we can now have both meetings. The February agenda has not been finalized, watch the web site for further details.

### Book Marks and Books

Hope you are enjoying stitching the little book mark project for the VETS even though this is a busy time of year. Some of you are getting very creative with different patterns. You may turn them on to Regina or Kathryn as you finish them but be sure to add \$10 for each for the finishing. They must be in by the March meeting. Paperback books are also being collected for the VETS. We'll take all of these to the VA hospital just before Memorial Day.



### NEEDLEPOINT RESOLUTIONS 2013

Making goals and resolutions about your needlepoint is a wonderful way to accomplish things. Unlike those resolutions about diet and exercise, needlepoint resolutions are far more easily kept and lots more fun to keep.

Here are some ways to turn needlepoint situations into needlepoint resolutions.

**Do you have a big project you want to finish?** Resolve to stitch on it for two needles of thread each day. It doesn't sound like much, and it isn't. But it will get the project done.

**Are you overwhelmed by your thread stash?** "Shop" your stash before beginning a new project. Stitch some stash buster and scrap bag projects. Make it a goal to use a particular number of threads from your stash on projects this year.

**Too many projects started and not finished?** Set up a rotation system. Pick ten projects and rank them. Stitch on each one for a specific amount of time. Then move on to the next. When one is done, add another to the rotation.

**Too many unstitched canvases in your stash?** Reward yourself by only getting new canvases when you have finished five or ten from your stash.

**Not enough time to stitch?** Stitch for 15 minutes everyday. It takes 21 days to make a new habit. If you make stitching a regular part of your day, you'll find you have more time to stitch.

By making one or more of these simple resolutions, you'll find your stash more under control, your stitching happier and more projects finished.

## MEMBER ACTIVITIES

### MEMBERSHIP INFORMATION

The following members owe **LOCAL DUES** of **\$22.00** on **February 1st**:

Florence Bell	Barb Smith	Eileen Chalk	Nancy Demko
Dawna Freeland	Nancy Hanon	Debbie Jacobson	Anne Jacques
Theresa Stevens			

The following **LIFE MEMBERS** and **PLURAL MEMBERS**

owe **LOCAL 2013 ANNUAL DUES** of **\$22.00** as of **January 1<sup>st</sup>**:

Ellen Cooley	Jane Cornue	Jean Dennis	Anne Carol Goldberg
Felicite Pollnow	Michele Roberts	Vicki Buckrop	Martha Whitehead

Please mail your checks to me – Debbie Trowbridge, 2791 Riebold Dr., Arnold, MO 63010 – **by February 1st**. Checks should be made payable to Gateway Chapter-ANG. If you give your check to another board member please let me know. It saves a lot of confusion.

Also, please make sure your National ANG membership is current. You cannot be a member of the Gateway Chapter if you do not belong to the National ANG organization. Except for your initial membership payment, National ANG dues are paid directly to National Headquarters. You should receive a notice from them shortly before that payment is due.

If you need assistance with any membership matters please feel free to contact me at 314/607-9867.

Debbie Trowbridge  
Membership Director

### Thank You Gateway ANG

Dear Friends,

Thank you so much for the beautiful plant that you sent. It is currently sitting in my kitchen and reminds me daily how lucky I am to have found such a great group of friends and fellow stitchers. Your cards and calls were greatly appreciated and I think this all helped in my speedy recovery.

I would like to wish all of you a Happy and Healthy New Year to you and your families.

Big hugs to all,

Judy Lewis

## MEMBER ACTIVITIES

### SPRING 2013 RETREAT



#### The Buzz is in the Air

This year's spring retreat will be held at Sign Of The Arrow on April 28<sup>th</sup> from 9:30 a.m. until 4:30 p.m. The cost of the retreat is \$15.00 which includes a great day of stitching with friends and snacks galore. You will be on your own for lunch but there are multiple eateries close by. To sign up contact Julie or Randy at the Sign of The Arrow or send a check made payable to Gateway Chapter ANG to Julie Filean, 1315 Fawn Drive, St. Louis, MO 63131-4206. For further information, contact Regina Mohan at 314-991-5741.

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#### Registration

Spring Retreat Sunday, April 28th

*Please tear off this form and send with your check for \$15.00 to:*

*Julie Ann Filean  
1315 Fawnvally Dr.  
Des Peres, MO 63131-4206*

Name:

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Number of seats:

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Contact phone number:

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See you at the retreat!!!!

## MEMBER ACTIVITIES

### SHOW AND TELL



### FALL RETREAT 2012 AT THE NEEDLEPOINT CLUB HOUSE



### Sign of the Arrow Shop News

First of all, Happy New Year to everyone. During the winter months we can hopefully spend lots of time stitching on one of our many projects, or add to our stashes buying new ones! It is a good time to organize and go through our threads and needlepoint canvases, getting inspiration for the Springtime coming soon. Don't forget to stitch something for your favorite Valentine too.

We had our **Atenti** Trunk Show which was a huge success, so we are now carrying these gorgeous fabric bags all the time. They are great gifts or just fun to buy for yourself. They also make several different styles of travel bags, as well as the popular needlepoint caddy to hold all of your project needs. The caddy has pockets all around the inside, as well as the outside of the bag. Randi owns the caddy and two of the purses and loves them!

Trunks shows have been scheduled and we have some great vendors coming this year. We start off with **Voila** in January. They have designed belts which are extra-long and make into great grommet belts with designs that are fun and graphic; there is something for everyone, including the men in our lives. We will also be featuring many buckles this month as well. February brings us **CBK Needlepoint**, which reps many different artists. This is a huge trunk show so be sure to stop in to see it.

We hope everyone is stitching on their UFO's too! See all of you soon.

Julie and Randi

Did you know ALL proceeds from sales at  
Sign of the Arrow benefit area agencies?

Sign of the Arrow is a non-profit  
specialty and needlepoint boutique  
staffed by community volunteers.

Thank you for truly impacting the lives  
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*The Needlepoint Clubhouse*  
*Welcome in the New Year at The Clubhouse*

*It's mid-winter, feeling blue?  
Come in to see what we have that's new  
We have bright lights and fun friends for you  
Maybe even a glass of cheer or two!*

### *Trunk Shows*

**January – “No Trunk Trunk Show” – order from any of our catalogues at the 20% trunk show discount**  
**February – Leigh Designs**

### *Events*

**Check our email or in the shop to see what we have planned for our specials!**

### *Classes*

**Sharon G** - February 22 and 23 for Canvas Enhancement  
One space left - call to check availability  
**Jill Rigoli** – scheduled in April and already filling up!

### *Reminders:*

Don't forget to identify yourself as an ANG member to receive your 10% discount  
with every in stock, full priced item purchased  
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## GATEWAY CHAPTER OFFICERS-BOARD

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President Donna Beaman (314) 878-4149 president@gatewayang.org	Secretary Nancy Feldman (314) 579-0865 secretary@gatewayang.org	Treasurer Carol Bosche (636) 532-1712 treasurer@gatewayang.org	Newsletter Judy Lewis (314) 997-6674 newsletter@gatewayang.org
1 <sup>st</sup> Vice President-Programs Regina Mohan (314) 991-5741 programs@gatewayang.org	2 <sup>nd</sup> Vice President-Membership Debbie Trowbridge (636) 287-1220 membership@gatewayang.org	Fundraising Nancy Kinker (636) 227-5709 ways_means@gatewayang.org	Public Relations Sally Ross (636) 225-0987 Public-relations@gatewayang.org

## GATEWAY CHAPTER OFFICERS-COMMITTEE

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Workshops Ellen Ippolito (636)561-0132 workshops@ gatewayang.org	Webmaster Janice Marsh (636) 394-1134 webmaster@ gatewayang.org	Sunshine Linda Aboussie (314) 842-6260 sunshine @ gatewayang.org	Historian Kathryn Nagy (314) 434-8499 historian@ gatewayang.org	Philanthropy  philanthropy@ gatewayang.org
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### MEMBERSHIP

Gateway Chapter of the American Needlepoint Guild is open to all needlepointers, from beginner to experts. Prospective members may attend two (2) membership meetings and receive two (2) complimentary copies of the Needlenotes newsletter before being asked to pay dues. If you want to join now, contact Debbie Trowbridge, Membership. (See phone number and email address above.) If you have an address change, contact Debbie Trowbridge, Membership. (See phone number and email address above.)

### NEWSLETTER

Needlenotes is published six (6) times a year-September, November, January, March, May, and July. The deadline for copy submission is the third Wednesday of the preceding month of the publication. Submit copy to Judy Lewis, Newsletter. (See phone number and email address above.)

### ADVERTISING RATES

Advertising rates apply to one year of Needlenotes publication of six (6) issues. Rates are \$30 for business card, \$60 for ¼ page, and \$80 for a ½ page. Submit camera-ready art to the same email address as the newsletter copy listed above.

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Judy Lewis, Editor